



Shadsworth Junior School



Curriculum

Year 3 Scheme of Work

Term: Spring and Summer

Topic: PE OAA

Key Skills and Knowledge:

- Follow instructions accurately.
- Work with a partner or small group.
- Try different ideas to solve a task.
- Orientate and follow a diagram/map.
- Reflect on when and why challenges are solved successfully and use others' success to help them to improve.

Key Knowledge

- To know how to orientate a map.
- Knows some of the symbols on an orienteering map.
- Knows that a map is a bird's eye view of a plan of the ground.
- To be able to explain where they are on a map.
- Know how to set up simple routes for each other using simple plans.

Character Development

- Cooperation
- Compromise.
- Trust
- Teamwork

Reading and Writing Opportunities (Long and Short Activities)

Creative Ideas and Hooks

Spell it out - Ask the children to create letters and words using group members' bodies.
Teamwork poster

Trusting balance
Blindfold walk
Stick in the mud
Orienteering – Matching Symbols Relay Challenge Card

Links to PSHCE, Equality and British Values Work

STEPS for differentiation
Group work
Following rules
Healthy lifestyles
Respect myself and others

Key Vocabulary:

Trust, teamwork, cooperate, problem solving, plan, solution, instructions, communication, map, orientate, bird's eye, symbol, relay

Resources Available / Visits/Visitors

Photos
Control cards
Hoops
Arrows
Jigsaw pieces
Maps
School games orienteering challenge cards

Useful Websites:

PE Passport

Previous Knowledge

Follow simple instructions.
Begin to work with a partner and a small group.
Copy a simple diagram/map.