



# Shadsworth Junior School



## Curriculum

### Year 4 Scheme of Work

**Term: Spring 2**

**Topic: Net and Wall games**

#### Key Skills and Knowledge:

##### Key Knowledge

To begin to know some of the rules of a racquet game.  
 Players cannot carry the ball or catch it with the racquet.  
 Players cannot hit the ball twice.  
 Players must wait until the ball passes the net before they can return it.  
 A player that does not return a live ball in tennis, before it bounces twice, loses the point.  
 To hold a racquet correctly.  
 To show the ready position.

##### Character Development

Honesty  
 Determination  
 To suggest ways to improve.  
 Social: respect, supporting others

##### Key Skills

To strike a ball with hand or racquet.  
 To use a wide range of throwing actions, underarm, overarm, 1 handed, 2 handed, hard, soft, low and high  
 Throw an object accurately at a target.  
 To use a wide range of hitting skills on both sides of their body.  
 To use a range of simple tactics to score points and outwit their opponent.  
 To begin to pass the ball from one racquet to another using forehand and backhand.  
 To intercept the ball.  
 To change length, pace and direction of a shot.  
 To devise own games.

#### Reading and Writing Opportunities (Long and Short Activities)

##### Creative Ideas and Hooks

<p>Instructions          Paired practise          Target games          Adapt games          How many keepy uppies can you do in 1 minute?          Free fall. Start with ball in two hands, then let the ball drop and catch after a set number of bounces. Then repeat using a bat.</p>	<p>Small sided games          Small games with varying constraints          Games with different types of balls etc.          Pupils suggest changes to rules          Caterpillar game -pass the object along a chain of racquets without dropping it, last person to receive the ball runs to the front and continues.</p>
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#### Links to PSHCE, Equality and British Values Work

STEPS for differentiation  
 Group work majority votes  
 Following rules  
 Healthy lifestyle  
 Respect myself and others

##### **Key Vocabulary:**

Pass, catch, select, rules, space, dodge, throw, team, work, improve, tactics, underarm, overarm, game, attacker, defender, forehand, backhand, intercept, ready position

##### **Resources Available / Visits/Visitors**

Balls  
 Beanbags  
 Cones  
 Bibs  
 Nets  
 Racquets  
 PE Passport  
 LTA coach

##### **Useful Websites:**

[www.afpe.co.uk](http://www.afpe.co.uk)  
<https://my.primarypepassport.co.uk/#/login>  
[LTA website](#)

##### **Previous Knowledge:**

To become familiar with a racquet.  
 To pass the ball from one racquet to another  
 To show the ready position.  
 To show simple tactics.