



Shadsworth Junior School



Curriculum

Year 5 Scheme of Work

Term: Autumn 1

Topic: PE Invasion Games

Key Skills and Knowledge:

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| <ul style="list-style-type: none"> • Use dribbling to change the direction of play with some control under pressure. • Dribble with feet with some control under increasing pressure. • Use a variety of throwing techniques with some control under increasing pressure. • Use a variety of kicking techniques with some control under increasing pressure. • Catch and intercept a ball using one and two hands with some success in game situations. • Receive a ball using under pressure with increasing control. • Strike a ball using a wider range of skills. Apply these with some success under pressure. • Use a variety of techniques to change direction to lose an opponent. • Create and use space for self and others with some success. | <ul style="list-style-type: none"> • Understand the need for tactics and can identify when to use them in different situations. • Comment on tactics and techniques to help improve performance. <p style="text-align: center;"><u>Key Knowledge.</u></p> <ul style="list-style-type: none"> • Know how to play an invasion game. • Children to use correct hand position on the stick. • Children not to raise the sticks above waist height. • After each goal children need to understand that there will be a restart. • To know to find space and signal when they want the ball. <p style="text-align: center;"><u>Character Development</u></p> <ul style="list-style-type: none"> • Responsibility • Decision making • Good sportsmanship |
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Reading and Writing Opportunities (Long and Short Activities)

Creative Ideas and Hooks

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| <p>Diary entry or letter for a player from the women's Olympic team</p> <p>Research the history of hockey or another invasion game</p> <p>Produce a biography of a famous British player</p> <p>Use of smaller to larger small-sided games.</p> <p>Mini competitions.</p> | <p>Invent own variations of rules.</p> <p>Use of different formations in drills e.g. triangular.</p> <p>Evaluate and improve through recordings.</p> <p>3v2, 4v2, etc attack and defend.</p> <p>Stick skills using obstacles to dodge and go around.</p> <p>Playing a game without talking.</p> |
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Links to PSHCE, Equality and British Values Work

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| <p>STEPS for differentiation</p> <p>Group work majority votes</p> <p>Following rules</p> <p>Independence</p> | <p>British success</p> <p>Promoting women in sport</p> <p>Right to be heard</p> |
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Key Vocabulary:

Resources Available / Visits/Visitors

Useful Websites:

Possession, repossession, attackers, intercept, defenders, marking, covering, supporting, team play, team positions, kick, push pass, indicate, create space, width, dodge, accurate, aim, control, dribble, rules, interception, shoot, depth, movement off the ball, goal side, tactics

Hockey sets
Goals
Bibs
Cones
Benches
balls

<http://www.Englandhockey.co.uk/>
<https://www.youtube.com/watch?v=qThnZM8SsdM>

Previous Knowledge

Use a variety of throwing techniques with increasing success.

Create and use space with some success in game situations.

Use simple tactics to help their team score or gain possession.