



# Shadsworth Junior School



## Curriculum

### Year 5 Scheme of Work

**Term: Spring 2**

**Topic: PE Net and Wall Games**

#### Key Skills and Knowledge:

##### Key Knowledge

To show the ready position.  
 Hold a racquet correctly.  
 To know some of the rules of a racquet game.  
 Show a backhand shot where strokes are hit with the back of the hand (like hitting with the knuckles) Show a forehand shot where strokes are hit with the front of the hand leading (like hitting with the palm)

##### Key Skills

Hit a ball into a target area using backhand and forehand.  
 Demonstrate forehand and backhand shots with some consistency.  
 Demonstrate backhand and forehand after the ball has bounced.  
 Outwit an opponent using simple tactics.  
 To direct the ball reasonably well to their partner to continue a rally.

##### Character Development

Suggest ways to improve a shot.  
 Perseverance  
 Identify strengths and weaknesses in their own and others play  
 Work cooperatively with a partner  
 Communication

#### Reading and Writing Opportunities (Long and Short Activities)

##### Creative Ideas and Hooks

Instructions	Small sided games
Paired practise	Small games with varying constraints
Target games	Games with different types of balls etc.
Adapt games	Pupils suggest changes to rules
Setting a target of how many points they can by hitting the target but keeping a rally going	1 minute rally challenge
Children can keep a rally going achieving their set target.	

#### Links to PSHCE, Equality and British Values Work

STEPS for differentiation	Promoting gender equality in sport
Group work majority votes	Right to be heard
Following rules	British success
Independencevickihilton368@gmail.com	

#### Key Vocabulary:

Forehand, backhand, rally, court, target area, attack, defend, direct, shots, net,

#### Resources Available / Visits/Visitors

Balls  
 Racquets  
 Cones  
 Bibs  
 nets  
 Mats  
 Potential visits to University to watch a game

#### Useful Websites:

PE Passport  
 LTA website

##### Previous Knowledge

To use a wide range of throwing actions.  
 To incept a ball and return.  
 To pass the ball from one racquet to another.  
 To begin to use forehand and backhand.