



# Shadsworth Junior School



## Curriculum

### Year 5 Scheme of Work

**Term: Spring and Summer**

**Topic: PE OAA**

#### Key Skills and Knowledge:

- Accurately follow instructions given by a peer and give clear and usable instructions to a peer.
- Work collaboratively with a partner and a small group, listening to and accepting other's ideas.
- Plan and apply strategies to solve a problem.
- Orientate a map confidently using it to navigate around a course.
- Explain why a particular strategy worked and alter methods to improve.

#### Key Knowledge

- To confidently know how to orientate a map.
- Knows symbols on an orienteering map.
- To be able to explain where they are on a variety of maps.
- Know how to set up routes for each other using plans.

#### Character Development

- To use effective communication when working with others.
- To use supportive and encouraging language when working with others.
- To demonstrate trust with a partner.

#### Reading and Writing Opportunities (Long and Short Activities)

##### Creative Ideas and Hooks

Teamwork poster  
 Team members share ideas  
 Create own team challenges  
 Instructions for challenges

Trusting balance  
 Blindfold walk  
 Minefield Maze- Working in small teams, the aim is to get the whole team safely across the minefield  
 Transport a ball across the area and placing it into the bucket. The ball can only be transported along sections of guttering.  
 Vary the types of balls to increase/decrease travel speed

#### Links to PSHCE, Equality and British Values Work

STEPS for differentiation  
 Group work  
 Following rules  
 Healthy lifestyles  
 Respect myself and others

#### Key Vocabulary:

Trust, teamwork, cooperate, problem solving, plan, solution, instructions, communication, map, orientate, bird's eye, symbol, relay, route

#### Resources Available / Visits/Visitors

Photos  
 Buckets whistle  
 Rope grid map  
 Chalk grid markings  
 Balls bean bags  
 Stop watch guttering  
 Containers ping pong balls

#### Useful Websites:

PE Passport

#### Previous Knowledge

Follow instructions from a peer and give simple instructions.  
 Work cooperatively with a partner and a small group, listening to and accepting other's ideas.  
 Plan and attempt to apply strategies to solve a problem.