



Shadsworth Junior School



Curriculum

Year 5 Scheme of Work

Term: Summer 1

Topic: PE Dance

Key Skills and Knowledge:

Key Knowledge

Knows how to devise a sequence and take account of rhythm and style of music and mood of the piece.
Knows the impact of that increased poise; balance and coordination can make to a dance performance and apply this when moving and stopping within a sequence at different levels within the space.

Knows the importance of warming up specific muscle groups in preparation for dance, as well as cooling down.

Knows that dance can communicate an idea, as well as feelings and narratives.

Character Development

Cooperation with others.

Contribute and work well as part of a group

Suggest ways to improve their own and other people's work.

Perseverance

Patience

Key Skills

Plan and perform dances confidently.

Perform a dance in unison as part of a group.

Use props as part of a dance phase.

Perform a fluent sequence. Move appropriately using various levels, ways of travelling and themes

Adapt and refine the way they use weight, space and

rhythm in their dances to express themselves in the style of dance they use.

Perform different styles of dance clearly and fluently.

Recognise and comment on dances, showing an understanding of style.

Use their knowledge of dance to adapt their skills to meet the demands of a range of dance styles.

Reading and Writing Opportunities (Long and Short Activities)

Creative Ideas and Hooks

Poetry based on movement and travel

Recount of a competition (dance festival)

Newspaper report of a competition (dance festival?)

Individual improvisation.

Paired improvisation.

Create a short dance phrase with specific criteria.

Dancing to different genres of music

Children using expressive qualities in their dances.

Working on different levels.

Mirror and reflect in pairs.

Introduction to ribbons/ball within the children's dance.

Videos to follow along to for inspiration to dance

Strictly Come Dancing clips for ideas and to show different genres of dance.

Links to PSHCE, Equality and British Values Work

STEPS for differentiation

Group work majority votes

Following rules

Promoting gender equality in sport

British success

Key Vocabulary:

Dance style, technique, formation, pattern, gesture, rhythm, language specific to particular dance styles (e.g. pavane, haka), motif, variation

Resources Available / Visits/Visitors

Boom box
Access to videos and websites for dancing ideas

Useful Websites:

<https://www.onedanceuk.org/>
<https://primaryschooldance.co.uk/>

Previous Knowledge

Refine, remember and repeat dance phases.
Show a good sense of rhythm and style when performing.