



Shadsworth Junior School



Curriculum

Year 5 Scheme of Work for PE

Term: Summer 2

Topic: PE Striking and Fielding

Key Skills and Knowledge:

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| <ul style="list-style-type: none"> • Children begin to vary how they bowl. • Hit a moving ball with some control and some distance. • To begin to direct the ball away from fielders. • Throw overarm with some accuracy and for a good distance. • Begin to use fielding techniques with throwing and stopping the ball effectively. • To develop the range and consistency of their skills especially in specific striking and fielding games. • To use and adapt rules and strategies. • Listen to others giving and taking feedback, working as a team. • To evaluate strength and weakness in their own and other performance, begin to suggest improvements. • Begin to communicate and collaborate as team to beat an opponent. | <p style="text-align: center;"><u>Key Knowledge</u></p> <ul style="list-style-type: none"> • When throwing overarm, hold the ball correctly with 2 fingers and a thumb. • Make a T shape with your arms. • Step forward with opposite foot to bowling arm. • Release with straight arm. • Throw overarm with accuracy and for a good distance. • Begin to learn how to play the different roles within the game (bowler, fielder, batter, wicket keeper). • Know some of the rules for striking and fielding games. • Know the importance of warming up and cooling down. • Begin to track the ball. <p style="text-align: center;"><u>Character Development</u></p> <ul style="list-style-type: none"> • Setting personal challenges to improve performance. • Evaluate own and others' work suggesting ways to improve. • Encouragement and decision making. |
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Reading and Writing Opportunities (Long and Short Activities)

Creative Ideas and Hooks

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| <ul style="list-style-type: none"> Diary entry as a professional sports person. Recount of a competition Newspaper article about an event. Information text about the rules of cricket/rounders The success of England women's cricket team. | <ul style="list-style-type: none"> Videos clips of professional athletes. Evaluation of an individual performance. Write an argument for/against boys/girls playing cricket. Promoting equality in sport. |
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Links to PSHCE, Equality and British Values Work

- STEPS for differentiation Group work majority votes
 Following rules Independence
 British success
 Promoting gender equality in sport
 Right to be heard

Key Vocabulary:

Resources Available / Visits/Visitors

Useful Websites:

Bowling, batting, fielding, catching, throwing, backstop, long barrier, short barrier, overarm, underarm, bails, stumps, boundary, catch, crease, innings, no bowl, over,

Bats
 Balls
 Wickets
 Cones
 Local grass route cricket teams
 Rounders posts

<https://www.ecb.co.uk/>
<https://www.sportplan.net/drills/Cricket/Conditioned-games/Kwik-Cricket-CA00010.jsp>

Previous Knowledge

Strike ball from a drop feed and/or moving ball.
 Throw a ball more accurately when bowling and/or fielding.
 Intercept and stop the ball with consistency, and catch the ball in modified games.
 Choose and use batting or throwing skills to make the game hard for the opposition.