



Shadsworth Junior School



Curriculum

Year 4 Scheme of Work

Term: Summer 1

Topic: PSHE

Key Skills and Knowledge:

Relationships

- I can tell you some different ways that I can show love for special people and animals.
- I can tell you how it might feel to miss a special person or animal.
- I can recognise how people are feeling when they miss a special person or animal.
- I can give ways that might help me manage my feelings when missing a special person or animal.
- I can give reasons why people may experience a range of feelings associated with personal loss.
- I can offer and evaluate solutions to help manage personal loss.

Reading and Writing Opportunities (Long and Short Activities)

Creative Ideas and Hooks

- Identify possible conflict situations caused by jealousy. Children are to discuss and share strategies to resolve one of the conflicts.
- Discuss how they may feel in different situations of loss. Order the emotions as to which would come first to last. Use this to introduce loss/ grief cycle.
- Create a memento for someone who is bereaved to remember the person they lost.
- Discussion about different conflict scenarios and whether if a friendship can be saved and how.
- Look at pictures to discuss/ explore what having a boyfriend/ girlfriend means and what age behaviours are appropriate.
- Create a collage for someone special to them.

Links to PSHCE, Equality and British Values Work

Mutual Respect – Empathising with others who are suffering from loss.
 Individual liberty – Making decisions about the future of a friendship.
 Tolerance of others beliefs – Listening to another person’s point of view.
 Democracy – Expressing their love for someone special to them.

Key Vocabulary:

Resources Available / Visits/Visitors

Useful Websites:

Relationship Loss
 Strategy Shock
 Disbelief Numb
 Denial Anger
 Guilt Sadness
 Pain Despair
 Acceptance Depression
 Close Friendships
 Negotiate Compromise
 Trust Loyalty
 Anger Empathy
 Jealousy Love
 Problem-solve
 Emotions
 Positive
 Negative

Jigsaw PSHE Scheme
 ‘Can you hear the sea?’ –
 Jigsaw in focus book.
 ‘Badger’s parting gifts’ by
 Susan Varley

www.jigsawpshe.com

Previous Knowledge

To explain how life is influenced positively by people around them.

To explain how my choices can affect my friendship groups and my family.