



Shadsworth Junior School



Curriculum

Year 5 Scheme of Work

Term: Summer 1

Topic: PSHE

Key Skills and Knowledge:

Relationships

- I can tell you about different types of friendship and ways these might change.
- I can also tell you some basic rules about how to stay safe when using technology to communicate with my friends.
- I can tell you why some feelings might lead to someone using technology to harm myself or others.
- I can compare different types of friendships and the feelings associated with them.
- I can also explain how to stay safe when using technology to communicate with my friends, including how to stand up for myself, negotiate and to resist peer pressure.

- I can apply strategies to manage my feelings and the pressures I may face to use technology in ways that may be risky or cause harm to myself or others.
- I can justify why some people may use technology in ways that may be risky or harmful and explain how the feelings associated with different friendships may influence this.
- I can appraise different strategies that might help me or others stay safe online and to help resist the pressures to use technology in risky or harmful ways.

Reading and Writing Opportunities (Long and Short Activities)

Creative Ideas and Hooks

- Identify what they feel is positive about themselves and each other. Compare notes.
- Identify if actions online are safe, unsafe or they are not sure. Look at age limits of certain laws and discuss if there should be an age limit for mobile phones.
- Discuss different online communities as to who they attract and potential risks. Feedback.
- Listen to a scenario. Identify when they feel the situation becomes risky. Create a list to identify the negatives of online gaming.
- Listen to a scenario and identify the dangers of spending too much time online and the importance of finding a healthy balance.
- Introduce SMARTR rules for online safety. Children design a poster to promote the rules.

Links to PSHCE, Equality and British Values Work

Mutual Respect – Appreciate how others may feel when online.

Individual liberty – Sharing their ideas on how to keep safe online and their opinions about current laws/ rule that are there to keep us safe.

Rule of law – Learn about existing age limits online and offline.

Tolerance of others beliefs – Listening to the ideas of others when working as part of a group or in discussion.

Democracy – Sharing their thoughts and ideas with others when discussing scenarios and strategies for keeping safe.

Key Vocabulary:

Resources Available / Visits/Visitors

Useful Websites:

Characteristics	risky
Personal qualities	Devices
Screen time	Social
On line	Mental health
Physical health	Attributes
Self-esteem	Age-limit
Social network	rights
Community	grooming
Online	safe
Off line	
Responsibility	

Jigsaw PSHE Scheme

www.jigsawpshe.com

Previous knowledge:

I can recognise how people are feeling when they miss a special person or animal.

I can give ways that might help me manage my feelings when missing a special person or animal.