



Shadsworth Junior School



Curriculum

Year 3 Scheme of Work

Term: Spring 1

Topic: PSHE

Key Skills and Knowledge:

Changing me

- I can understand that in animals and humans lots of changes happen between birth and growing up, and that usually it is the female who has the baby.
- I can express how I feel when I see babies or baby animals.
- I can express how I might feel if I had a new baby in my family.
- I understand how babies grow and develop in the mother's uterus.
- I understand what a baby needs to live and grow.
- I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus.
- I respect my body and understand which parts are private.
- I can start to recognise stereotypical ideas I might have about parenting and family roles.
- I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes.
- Identify what I am looking forward to when I move to my next class.
- Start to think about changes I will make next year and know how to go about this.

Reading and Writing Opportunities (Long and Short Activities)

Creative Ideas and Hooks

- Draw a picture of a baby, child and adult. Write a short description of the changes that occur.
- Draw/ write about all the things a baby needs, pointing out that some of these things are not just physical.
- Sort body parts as to those that are male or female.
- Girls design a duvet cover for boys and boys design a duvet cover for girls. Display and discuss if stereotypical. Is it fair?
- Create a mobile with things they are looking forward to about growing up/ worried about.

Links to PSHCE, Equality and British Values Work

Mutual Respect – Children are to listen to other people's ideas about the role of mothers and fathers. Children are taught to avoid stereotyping.

Rule of law – Knowing about appropriate and inappropriate touches.

Individual liberty – Children are taught that parents must provide babies with certain things.

Tolerance of different beliefs – listening respectfully to other children's ideas.

Key Vocabulary:

Resources Available / Visits/Visitors

Useful Websites:

Changes
Birth
Animals
Babies
Mother
Growing up
Solution
Baby
Grow
Womb
Anus

Care
Stereotypes
Task
Role
Challenge
Affection
penis,
testicles
vagina
vulva

Jigsaw PSHE Scheme

www.jigsawpshe.com

Previous Knowledge:

Know the correct names of private parts.
Know what I like/don't like about being a boy/girl and how others might feel differently to them.
Know various ways boys and girls are different physically- talk about it with respect.