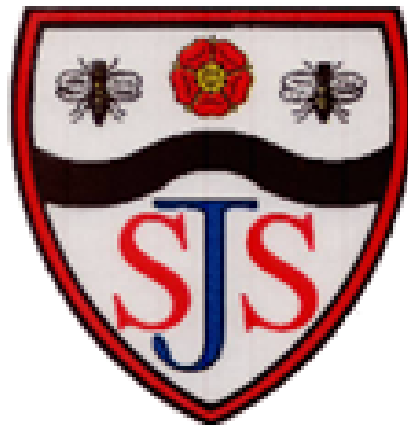


Shadsworth Junior School

PE Policy



Approved by:

Jackie Gallagher

Date: November 2023

Last reviewed on:

Next review due by:

Subject Overview

At Shadsworth Junior School we aim to provide all children with learning opportunities to engage in PE. This policy sets out a framework which teaching and non-teaching staff can work, and gives guidance on planning, teaching and assessment. It has been developed through a process of consultation with school staff and governors.

At Shadsworth Junior School, Physical Education (PE) is an important part of our Curriculum that is inclusive and engages all pupils, in a supportive and challenging environment. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills to enjoy their learning; to be resilient and consistently strive to give their best efforts at all times and achieve their potential and personal best. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and work in partnership with others as part of an effective team, understanding fairness of play, sportsmanship and respect, values we hope to embed for future life.

Aims

At Shadsworth Junior School we recognise the importance PE plays in the curriculum and are committed to providing all the children with opportunities to engage fully in Physical Education.

The aims of our PE programme are:

- To develop children's basic physical competencies, build confidence in their ability and build the foundation for a lifelong love of sport, physical activity and a healthy lifestyle.
- Develop knowledge, skills and understanding across a broad range of sporting activities.
- To encourage children to compete against themselves and others whilst being challenged.
- To improve their physical, social, emotional and thinking skills.
- To ensure all pupils develop competence to excel in a broad range of physical activities.
- To ensure all pupils are physically active for sustained periods of time.
- For pupils to be engaged in competitive sports and activities.
- To lead healthy, active lives and to improve the wellbeing and fitness of all children.
- To use sport to build pupils self-confidence and self-esteem.
- To promote safe practice in all sports and activities.

Curriculum

The children undertake a broad and balanced curriculum that takes account of abilities, physical, emotional and intellectual development.

- PE at Shadsworth Junior School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, striking and fielding games, gymnastics, dance, swimming and outdoor & adventure.
- We use PE Passport, a clear and comprehensive scheme of work, to plan and deliver lessons, which show progression of skills across KS2 within the different strands of PE.

- Our knowledge and skills documents for each year group show progression within each PE unit and ensures that the requirements of the National Curriculum are covered.
- Teachers can use and adapt these plans to meet the needs of their class and individuals.
- Pupils are provided with opportunities to develop and build upon skills, which will engage and inspire them, whilst building confidence.
- The long-term plan sets out the PE units, which are taught throughout the year, and ensures that the requirements of the National Curriculum are fully met.
- This is tracked by the PE Subject Leader and used as handover for transition at the end of the academic year so that the new class teacher is aware of what the class has already been taught and to identify any areas that need further development.
- All staff can access the Medium-Term planning and half termly assessments for each class throughout the academic year.

Diversity

We believe that the PE curriculum should be representative and inclusive for all learners, and reflect the make-up of British society today. It should take a multi-perspective approach to all units of work.

Teaching and Learning

Our school uses a variety of teaching and learning styles in PE lessons. Our main aim is to develop the children's knowledge, skills and understanding in PE and we use a variety of teaching and learning styles in our PE lessons to do that.

- PE at Shadsworth Junior School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- Physical activity is embedded throughout the school day through initiatives such as the daily mile. Children are encouraged to stay active at break times and can access a variety of equipment to use.
- We have an annual inclusive Sports Day, with the emphasis on participation and achievement for all.
- Healthy eating is covered in PSHE lessons.
- Pupils participate in high quality PE lessons each week, covering one sometimes two sports every half term.
- We welcome coaches into school. The Rovers Community Trust, tennis coaches and Bikeability coaches deliver workshops regularly.
- Children are invited to attend competitive sporting events and festivals within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Year 5 children have the opportunity to become a Play Leader for the school. Training for this is provided by our Sports Coach. The Play Leaders develop into sporting role models for the younger children, assisting with and organising games at lunchtimes.
- Children participate in activities covering a variety of sports throughout the year. For example Change for Life, orienteering, outdoor and adventure, again providing the children with an opportunity to develop, improve their fitness and to try something new.
- Each year 5 class swim once a week for 3 terms. We repeat the course later in school for any children that are still unable to swim.

SEND Provision

We believe that creating a positive, supportive learning environment for all pupils without exception is key to success.

We recognise that we have children of differing ability in all our classes, and so we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. We achieve this by using the STEP framework (space, task, equipment and people) which is an approach to adapting, differentiating and extending PE and sports lessons.

For our SEND pupils, class teachers and subject leaders ensure that all SEND pupils are catered for appropriately during PE lessons. Our SEND pupils have opportunities during the day to participate in physical activities with our sports coach who works closely with our SEND Coordinator to decide on the provision that is required for individual children. SEND pupils have opportunities throughout the year to take part in competitive sports and activities out of school.

Assessment and Recording

At Shadsworth Junior School assessment is an integral part of the teaching process. Assessment is used to inform planning and to facilitate differentiation. Pupils are assessed at the end of each half term by the class teacher using the PE Passport Assessment Tool. Children will be levelled as either, bronze, silver or gold. Bronze is working below year group expectations. Silver is working at the expected standard and gold is working above the expected standard. This is recorded on PE Passport for each PE strand. Swimming will be assessed by the swimming instructors. The PE Lead will be responsible for publishing Swimming data on the School Website, as per National Guidance.

Monitoring

Monitoring takes place regularly through; teacher's planning, questionnaires, talking to the children, PE Premium spend analysis, photo records of children's practical work, assessment data and lesson observations. We also plan for a Deep Dive Monitoring Day regularly to ensure that subject leaders have a current and up-to-date working knowledge of their subject across the school. Pupil questionnaires once per year

Leadership of PE

It is imperative that an outstanding subject leader takes a high level of control over their subject. Approximately three times per year, an Impact Statement will be prepared which details what are the intent/actions required for PE within a set time period. This is followed by implementing the actions needed before analysing the impact. This on-going action plan ensures the constant review of PE across all year groups. Regular staff training is undertaken as is meetings with other PE leaders. All of which guarantees that the subject leader has an up-to-date working knowledge of PE within school, across BwD and nationally.

Ambassadors

All classes have chosen pupils who have an interest and passion for PE. These pupils meet every half-term to discuss what is happening in PE and what will be happening which will then be fed back to every class.

Resources

- We have a wide range of equipment in school covering all PE units. .All equipment for PE is stored in labelled boxes in our PE cupboard.
- We have a range of equipment for playtimes and lunchtimes, which is regularly updated and is stored in the containers outside.
- School Hall – climbing frames, gymnastics mats, balance benches, boxes, ropes.

Health and Safety

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with Risk Assessments and safe practice to reduce the element of risk to the absolute minimum within their control.

- Staff are aware of pupils who have SEN with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma
- Staff know about the safe practices involved in moving and using apparatus.
- Pupils wear appropriate clothing, remove jewellery and tie back long hair.
- Children wear shorts or long pants and a t-shirt on their PE day with trainers or black pumps. Our PE kit does not discriminate based on gender, race, disability, sexual orientation or belief.
- Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics.
- Correct use of equipment is taught along with any potential hazards
- Equipment and apparatus is stored safely at the end of each lesson.
- Pupils are taught to consider their own safety and that of others at all times.
- Staff teaching or attending PE should wear appropriate footwear and clothing when involved in the teaching of any sporting activity.
- We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment as necessary.
- Risk Assessments are in place for all school sporting trips.
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PE and School Sports Premium Funding

The PE and School Sports Premium funding is used in a number of different ways to support and develop PE and School Sport at Shadsworth Junior School. A breakdown of the funding allocation (which is subject to change) can be viewed on the School website.